



Icebreaker Questions for Adults

120 original icebreaker questions in four groups. Every question can be answered lightly, and anyone may pass.

Cut along the dashed lines.

FOR NEW ACQUAINTANCES (30 prompts)

FOR NEW ACQUAINTANCES What is a small thing that made today better?	FOR NEW ACQUAINTANCES What is the best thing you have eaten this month?	FOR NEW ACQUAINTANCES What is a place you never get tired of going back to?
FOR NEW ACQUAINTANCES What job did you want when you were ten?	FOR NEW ACQUAINTANCES What skill would you love to pick up in a single weekend?	FOR NEW ACQUAINTANCES What is your usual order at a café?
FOR NEW ACQUAINTANCES What was the first music you remember choosing for yourself?	FOR NEW ACQUAINTANCES What is a hobby you have tried and happily given up?	FOR NEW ACQUAINTANCES Which season suits you best, and why?
FOR NEW ACQUAINTANCES What is something you are looking forward to this year?	FOR NEW ACQUAINTANCES What is the most useful thing you own that cost very little?	FOR NEW ACQUAINTANCES What is a smell that takes you straight back to somewhere?
FOR NEW ACQUAINTANCES Are you a morning person or a night person — and has it always been that way?	FOR NEW ACQUAINTANCES What is a film or book you can enjoy again and again?	FOR NEW ACQUAINTANCES What is the nicest thing about the place where you live?

FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES
What is a food you changed your mind about as an adult?	What was your first paid job?	What would you do with an unexpected free afternoon?
FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES
What is a small luxury you think is worth the money?	What is something you are quietly good at?	If you could have a view of anything from your window, what would it be?
FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES
What is your favourite way to spend a rainy day?	What is the best piece of everyday advice you have been given?	What is a tradition you would love to start?
FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES
What sound do you find most relaxing?	What is a subject you could happily talk about for ten minutes?	What is the longest journey you have ever made?
FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES	FOR NEW ACQUAINTANCES
What is a board or card game you would never turn down?	What is something new you have tried recently?	How do you know the host?

DINNER-TABLE CONVERSATION (30 prompts)

DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What meal would you like to have again, exactly as it was?	What dish reminds you of home?	What is the most memorable table you have ever sat at?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
Who taught you to cook — or tried to?	What is one ingredient you could not do without?	What is the strangest food combination you secretly enjoy?

DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What is a restaurant you still think about?	If you could invite any three people to dinner, living or not, who would come?	What is a dinner-table rule from your childhood?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What is your idea of the perfect breakfast?	What did you eat on your best holiday?	What is something you would like to learn to make?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What is a kitchen disaster you can laugh about now?	Sweet or savoury — and what is your proof?	What food would you bring to a shared picnic?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What is a smell from the kitchen that makes you happy?	Which would you choose: a long lunch or a late supper?	What is the best thing to eat when it is cold outside?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What is a dish everyone else loves that you have never understood?	What do you always have in your fridge?	What was a special-occasion meal in your family?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What is the best thing you have ever eaten outdoors?	If this dinner had a theme song, what would it be?	What is a food you would travel a long way for?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
What would be in your ideal sandwich?	What is a recipe you have changed to make your own?	What is your favourite thing about eating with other people?
DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION	DINNER-TABLE CONVERSATION
Which course would you never skip — starter, main or dessert?	What is a taste you only came to like slowly?	What is a toast you would like to make tonight?

LIGHT HUMOR (30 prompts)

LIGHT HUMOR What is the most useless talent you have?	LIGHT HUMOR What is a harmless opinion you will defend to the end?	LIGHT HUMOR Which ordinary task do you feel oddly proud of doing well?
LIGHT HUMOR What is the silliest thing you have ever bought?	LIGHT HUMOR If animals could talk, which would be the rudest?	LIGHT HUMOR What is a word you always spell wrong?
LIGHT HUMOR What would your theme tune be when you walk into a room?	LIGHT HUMOR What is the most ridiculous thing you believed as a child?	LIGHT HUMOR What is a completely pointless rule you still follow?
LIGHT HUMOR Which household chore would you make an Olympic sport?	LIGHT HUMOR What is the worst haircut you have ever had?	LIGHT HUMOR If you were a kitchen appliance, which one would you be?
LIGHT HUMOR What is the strangest thing in your bag or pockets right now?	LIGHT HUMOR What would be the title of a film about your week?	LIGHT HUMOR What is something you pretend to understand?
LIGHT HUMOR Which fictional character would make the worst housemate?	LIGHT HUMOR What is your most overused phrase?	LIGHT HUMOR What is a minor inconvenience that annoys you far too much?
LIGHT HUMOR If you had a warning label, what would it say?	LIGHT HUMOR What is the funniest misunderstanding you have been part of?	LIGHT HUMOR What would you be famous for, if it had to be something trivial?

LIGHT HUMOR	LIGHT HUMOR	LIGHT HUMOR
What is a food you eat in a way other people find odd?	Which animal do you think you most resemble before coffee?	What is the worst advice you have ever been given?
LIGHT HUMOR	LIGHT HUMOR	LIGHT HUMOR
What would your superpower be, if it had to be mildly disappointing?	What is the most dramatic thing you have done over something tiny?	What was a fashion choice you once thought was excellent?
LIGHT HUMOR	LIGHT HUMOR	LIGHT HUMOR
If you had to give a talk with no preparation, what would it be about?	What is a noise you make without noticing?	What is the least adventurous thing about you?

FOR MULTIGENERATIONAL GATHERINGS (30 prompts)

FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS
What was your favourite game when you were small?	What is something you learned from an older relative?	What is something a younger person has taught you?
FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS
What did your street or neighbourhood look like when you were growing up?	What is a family saying that everyone here would recognise?	What was a treat when you were a child?
FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS
Which invention has changed your everyday life the most?	What is a song that everyone in your family knows?	What was your first day at school like?
FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS	FOR MULTIGENERATIONAL GATHERINGS
What is something that was better in the past, and something that is better now?	Who in your family tells the best stories?	What is a celebration you remember from long ago?

FOR MULTIGENERATIONAL GATHERINGS What is a skill you think everyone should learn?	FOR MULTIGENERATIONAL GATHERINGS What was the first thing you saved up to buy?	FOR MULTIGENERATIONAL GATHERINGS What is a place that was important to your family?
FOR MULTIGENERATIONAL GATHERINGS What kind of work was common when you were a child that hardly exists now?	FOR MULTIGENERATIONAL GATHERINGS Which family recipe should never be lost?	FOR MULTIGENERATIONAL GATHERINGS What is the best present you ever gave someone?
FOR MULTIGENERATIONAL GATHERINGS What chore did you have as a child?	FOR MULTIGENERATIONAL GATHERINGS What is something you hope will be the same in fifty years?	FOR MULTIGENERATIONAL GATHERINGS What is a toy or object from your childhood you still remember clearly?
FOR MULTIGENERATIONAL GATHERINGS What is a piece of advice you would give your younger self?	FOR MULTIGENERATIONAL GATHERINGS What is the funniest thing a child has ever said to you?	FOR MULTIGENERATIONAL GATHERINGS What is a journey you remember from when you were young?
FOR MULTIGENERATIONAL GATHERINGS What did you do on long summer days as a child?	FOR MULTIGENERATIONAL GATHERINGS Who was a teacher you remember, and why?	FOR MULTIGENERATIONAL GATHERINGS What is something you would like the youngest person here to know?
FOR MULTIGENERATIONAL GATHERINGS What would you like to ask the oldest person here?	FOR MULTIGENERATIONAL GATHERINGS Which family photograph do you like best?	FOR MULTIGENERATIONAL GATHERINGS What is a tradition in this family that you hope continues?